



# Nappy Changing / Potty Training Procedure

Reviewed date: January 2024

At Bidborough Village Nursery School, we approach nappy changing and potty training with dignity, care, and compassion, ensuring a positive experience for all children involved.

## Nappy Changing Procedure

- **Dignity and Respect:** Staff ensure the nappy changing process is comfortable, avoiding negative comments about nappy contents.
- **Parental Requirements:** Parents/carers are asked to provide spare nappies, wet wipes, a change of clothes/undergarments, and nappy cream, if appropriate.
- **Staff Qualifications:** Only staff members with enhanced Disclosure and Barring Service (DBS) checks perform nappy changing/toileting duties.
- **Hygiene Practices:** Staff wear disposable gloves and aprons for each change, adhering to strict nappy changing rules to maintain hygiene within the changing area.

## Potty Training Procedure

- **Parental Collaboration:** We acknowledge that successful potty training is primarily the responsibility of parents/carers, who can provide one-to-one attention and ensure a stress-free environment at home. We encourage starting potty training over a holiday period for this reason.
- **Nursery Transition:** It's important to recognise that being potty trained at home does not necessarily mean a child is ready for the nursery environment, where distractions may affect their consistency. We ask for cooperation between parents and nursery staff to ensure the child becomes accustomed to using the potty at nursery as well.
- **Pull-ups to Pants:** Initially, children in the potty-training phase should wear pull-ups at nursery. Following consultation with the child's key worker and ensuring the child is ready, we will transition to using pants/knickers.
- **Supportive Environment:** Our approach is to support the child through this developmental stage without stress, promoting a positive experience for the child, parents/carers, and nursery staff.

## Health and Hygiene

- **Cleanliness:** The changing mat and potties are cleaned with antibacterial solutions after each use.
- **Handwashing:** Children are encouraged to wash their hands post-nappy change, and staff adhere to rigorous handwashing procedures.

This updated procedure aims to foster a supportive, hygienic, and positive environment for children undergoing nappy changes and potty training, acknowledging the unique challenges presented in a nursery setting and the importance of home-nursery cooperation in this developmental stage.